Dishes and their allergen content - Dog and Partridge - October 2025

Menu	Dish	Celery	Cereals containing GLUTEN	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Starters	**and Salads**														
NOTES															
	Marinated chicken skewers	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	✓	☐	✓	☐
NOTES	Peanuts only in peanut sauce														
	Chicken liver pate	☐	✓	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐	☐	✓
NOTES	Gluten in brioche toasts only														
	Chestnut mushroom dumplings	☐	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐	✓	✓	☐
NOTES															
	Squid	☐	✓	☐	☐	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES															
	Camembert	☐	✓	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐	☐	☐
NOTES															
	Char-grilled tiger prawns	☐	☐	✓	☐	☐	☐	☐	☐	☐	☐	✓	☐	✓	☐
NOTES															
	Chicken Caesar	☐	✓	☐	✓	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐
NOTES															
	Parma ham	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES															
	Goat's cheese	☐	☐	☐	☐	☐	☐	✓	☐	✓	☐	☐	☐	☐	☐
NOTES															
Mains	Vegan curry	☐	✓	☐	☐	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐

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NOTES	Gluten in bread only														
NOTES	Fillet of beef	☐	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐	☐	✓
NOTES	Salmon Wellington	✓	✓	✓	✓	✓	☐	✓	☐	☐	☐	☐	☐	☐	☐
NOTES	Pot-roasted half-chicken	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	✓
NOTES	Fish & chips	✓	✓	☐	✓	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES	Monkfish risotto	✓	☐	✓	☐	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES	Pork chop	✓	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐	☐	☐
NOTES	Lamb shank	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES	Tiger prawn curry GLUTEN FREE upon request Gluten in bread only	☐	✓	✓	☐	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐
Burgers NOTES	GLUTEN FREE upon request Beef burger	☐	✓	☐	✓	☐	☐	☐	☐	✓	✓	✓	✓	☐	☐
NOTES	Chicken burger	☐	✓	☐	☐	☐	☐	☐	☐	✓	✓	✓	✓	☐	☐

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	DAP burger	☐	✓	☐	✓	☐	☐	☐	✓	✓	✓	✓	✓	☐	☐
NOTES	GLUTEN FREE upon request														
NOTES															
Roasts	Roast beef / lamb	✓	✓	☐	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐
NOTES	Gluten in Yorkshire only														
	Roast chicken	✓	✓	☐	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐
NOTES	Gluten in Yorkshire only														
	Veggy roast	✓	✓	☐	✓	☐	☐	✓	☐	☐	☐	☐	☐	☐	☐
NOTES															
Lunch	Prawn cocktail	☐	☐	✓	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES															
	Sweet potato curry	☐	☐	☐	☐	☐	☐	☐	☐	☐	✓	☐	☐	☐	☐
NOTES															
	Chicken Caesar salad	☐	✓	☐	✓	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐
NOTES															
	Fish and chips	✓	✓	☐	✓	✓	☐	☐	☐	☐	☐	☐	☐	☐	☐
NOTES															
	Chicken schnitzel	☐	✓	☐	✓	☐	☐	☐	☐	✓	☐	☐	☐	☐	☐
NOTES															

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	Calves livers	✓	✓					✓							
NOTES															
NOTES															
Desserts	Sticky toffee pudding		✓		✓			✓							✓
NOTES															
	Chocolate brownie				✓			✓			✓				
NOTES															
	Cheesecake				✓			✓			✓	✓			
NOTES															
	Apple pie		✓		✓			✓							
NOTES															
	Mixed berries crumble							✓			✓				✓
NOTES															
	Sorbet														
NOTES															
	Ice cream Vanilla							✓							
	Ice cream Chocolate							✓						✓	
	Ice cream Honeycombe							✓							
	Ice cream Salted caramel				✓			✓							
	Ice cream Hazelnut and chocolate							✓			✓	✓			

Allergens

14 Allergens

Food Standards Agency
food.gov.uk

The way allergens are labelled on prepacked foods has changed. The Food Information Regulation, which came into force in December 2014, introduced a requirement that food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:

1 Celery

This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.

2 Cereals containing gluten

Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats is often found in foods containing flour, such as some types of baking powder, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.

3 Crustaceans

Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.

4 Eggs

Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.

5 Fish

You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.

6 Lupin

Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.

7 Milk

Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.

8 Molluscs

These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stews

9 Mustard

Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.

10 Nuts

Not to be mistaken with peanuts (which are actually a legume and grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauces.

11 Peanuts

Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.

12 Sesame seeds

These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.

13 Soya

Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.

14 Sulphur dioxide (sometimes known as sulphites)

This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.

For more information, visit: **food.gov.uk/allergy** or **nhs.uk/conditions/allergies**

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